

February School Counseling Report



The following report will illustrate the school counseling services provided by Mrs. Kemper, Mrs. Madden, and Mrs. Russell through the month of **February**. All services provided strive to meet the academic, personal/social, and career exploration needs of every student.

Core Curriculum Classroom Lessons

In **February**, Mrs. Madden focused on having 6th students learn how to set specific, measurable, attainable, realistic, and timely goals, Mrs. Kemper worked with 7th grade students on managing stress and anger before it becomes a problem, and Mrs. Russell worked with 8th grade students on their high school schedules.

STATS

Total number of students reached - 675 Total number of lessons taught - 29
Total amount of time conducting lessons - 26.5 hours

Small Group Counseling

Small groups in **February** worked on anxiety reducing skills, coping with anger, high school scheduling, and social skills.

SMALL GROUPS

STATS

Total # of students in groups: 261 Total number of groups conducted: 14
Total amount of time conducting groups: 9 hours

Individual Counseling

All students are able to meet with their school counselor. The following stats indicate the number of individual student contacts for individual counseling in **February** through self, teacher, parent, or counselor referral on a variety of topics.



STATS

Total # of student contacts - 309

Reasons for referral - **issues with friends, issues outside of school, emotional regulation, scheduling**

Meetings

The following stats indicate the number of meetings and the amount of time spent conducting meetings the counselors were in charge of in the month of **February**.

STATS

Total number of ARC meetings - 18 Total number of 504 meetings - 5
Total amount of time conducting meetings - 17.5 hours Total number of team meetings - 7
Total number of trainings/district meetings attended/conducted: 4

Other Important Stats

Total number of students in school-based therapy as of 2/28/23 - 70
Total number of school-based therapists working at CEMS as of 1/32/23 - 6